

Introduction and objectives

Introduction: Photobiomodulation (PBM) performed with lasers and LEDs, seems to have a wide range of applications in medicine. Despite all the studies performed in this field, the exact mechanism of action on human body is still unknown. Therefore, experimental studies are still necessary in this field. **Objectives:** To evaluate the effect of PBM over cardiac cells under mitochondrial stress conditions.

Methodology

Human adult ventricular cardiomyocytes cells AC16 were treated with 250, 150 or 50 μM of H_2O_2 for 2 hours or 1, 0.5 or 0.25 μM of antimycin A for 24h. Cells were irradiated with diode laser with the following parameters $\lambda=660\text{ nm}$ and $\lambda=808\text{ nm}$ for 29 seconds, output power of 69mW, 2J, 50J/cm² and fluence rate 1.7W/cm² and incubated for 24h. Cells were stained using different methods for mitochondrial evaluation. Mitochondrial membrane potential (MMP) was evaluated in live cells by fluorescent microscopy. Mitochondrial $\Delta\Psi_m$ was measured only in stained regions. MMP uncoupler was used as control. Fragmentation was evaluated by mitochondrial's number and roundness. Images were analyzed and data are reported as ratio to non-irradiated group.

Results and conclusion

AC16 cells greatly increase MMP after 48 hours when exposed to H_2O_2 at 250 μM (456.5 ± 83.5 $p < 0.0001$) and 150 μM (575.1 ± 60.6 $p < 0.0001$) compared to control (102.5 ± 12.7). Cells subjected to H_2O_2 followed by irradiation displayed MMP levels similar to the non-irradiated group (660 nm: 124.5 ± 3.9 ; 808 nm: 110.2 ± 14.4). MMP was reduced in cells treated with 1, 0.5 and 0.25 μM antimycin A (-20.23 ± 4.35 ; -20.37 ± 5.7 ; -28.40 ± 10.9 , $p < 0.01$) and irradiation maintained MMP levels equivalent to control. In addition, we identified changes in the number of mitochondria and their roundness when cells were treated with 250 μM of H_2O_2 or 1 μM of antimycin A and irradiated. **Conclusions:** Preliminary data indicate that PBM exhibit a protective effect in cardiac cells under mitochondrial stress

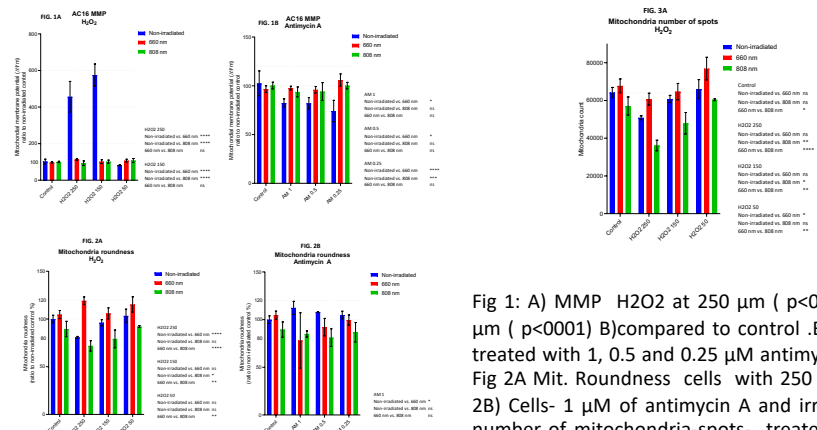


Fig 1: A) MMP H_2O_2 at 250 μM ($p < 0.0001$) and 150 μM ($p < 0.0001$) B) compared to control. B) MMP in cells treated with 1, 0.5 and 0.25 μM antimycin A ($p < 0.01$). Fig 2A Mit. Roundness cells with 250 μM of H_2O_2 or 2B) Cells- 1 μM of antimycin A and irradiated FIG 3) number of mitochondria-spots- treated with 250 μM of H_2O_2 or B) 1 μM of antimycin A ($p < 0.01$).

FIG. 1A AC16 MMP
H₂O₂

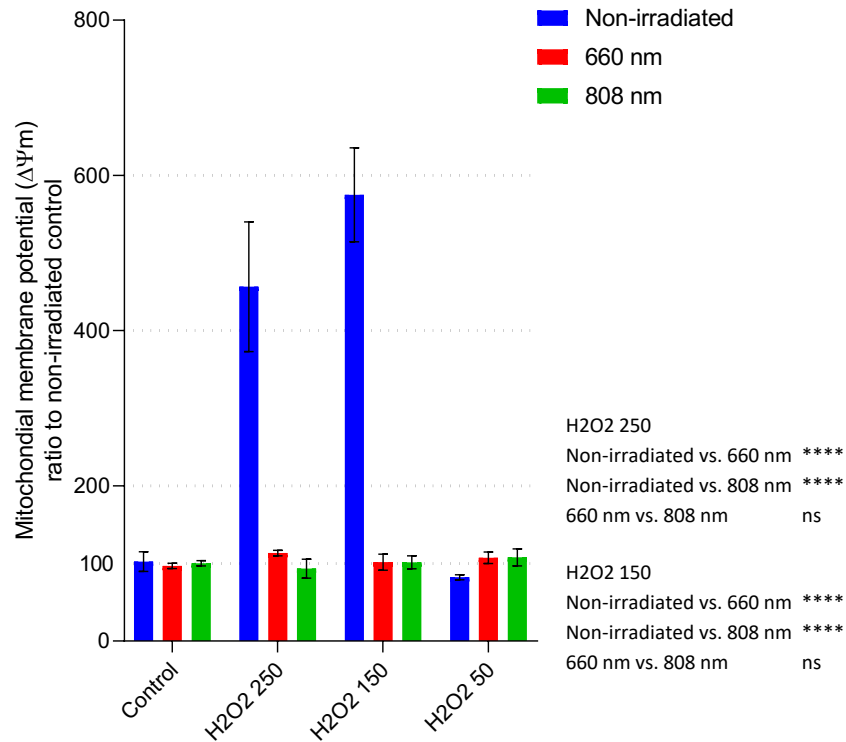
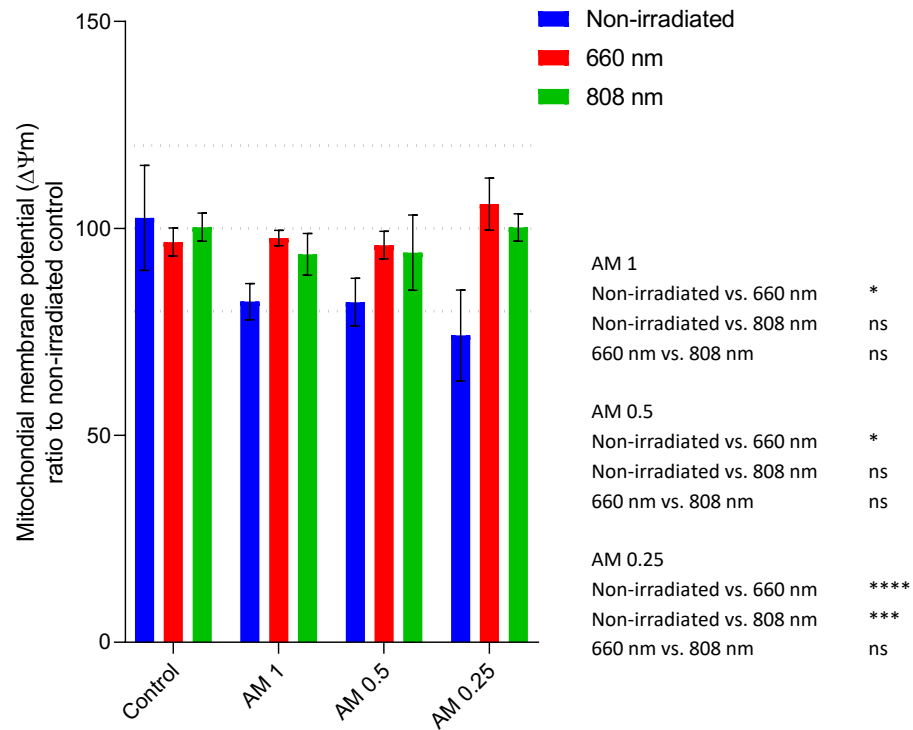
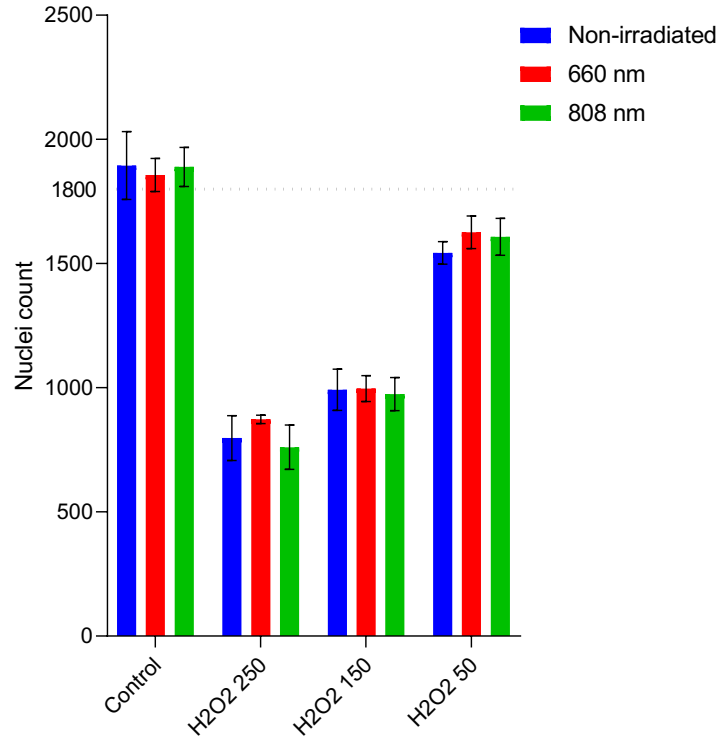


FIG. 1B AC16 MMP
Antimycin A



AC16 cell number
H₂O₂



AC16 cell number
Antimycin A

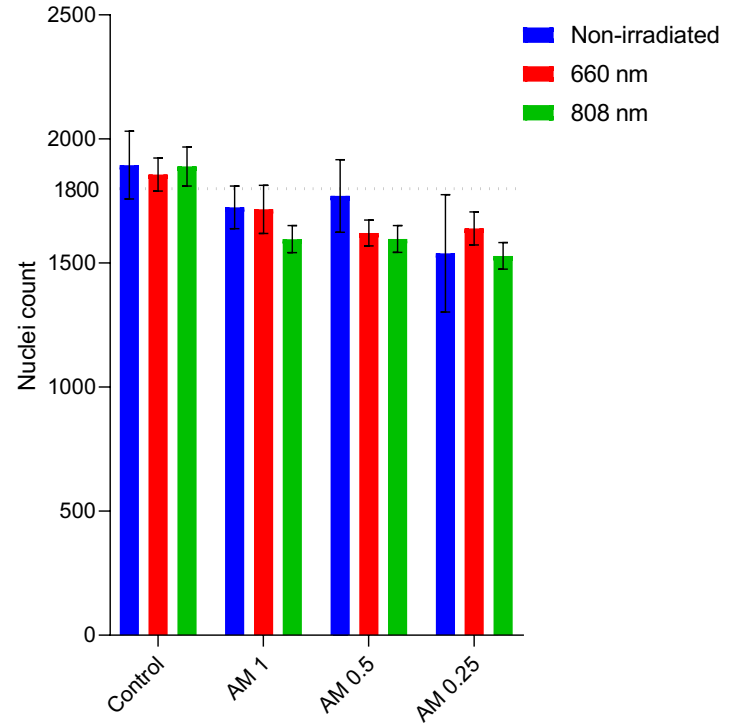


FIG. 2A

Mitochondria roundness
H₂O₂

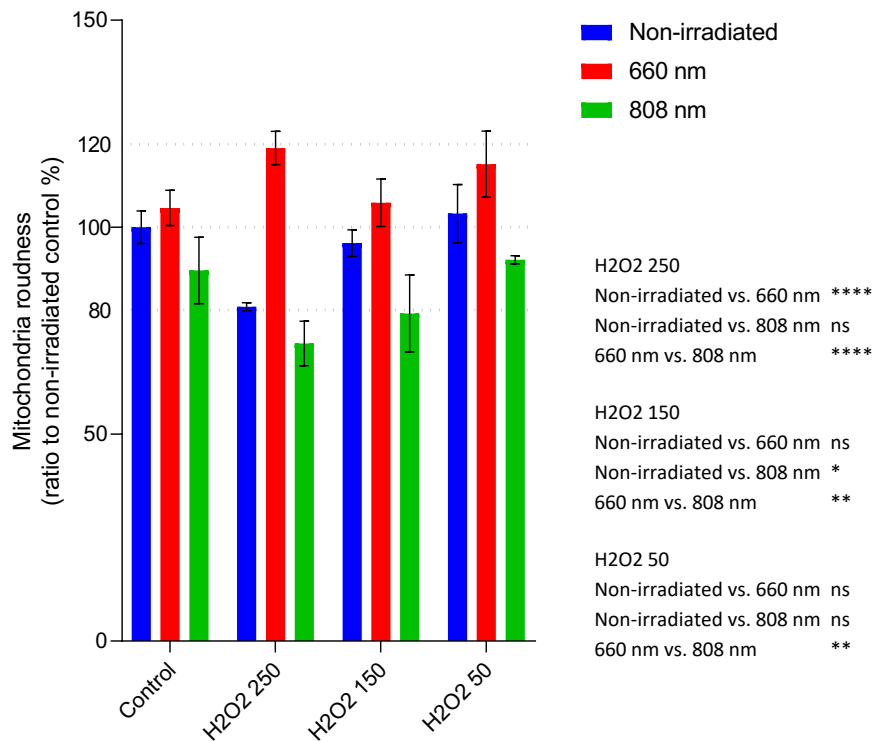


FIG. 2B

Mitochondria roundness
Antimycin A

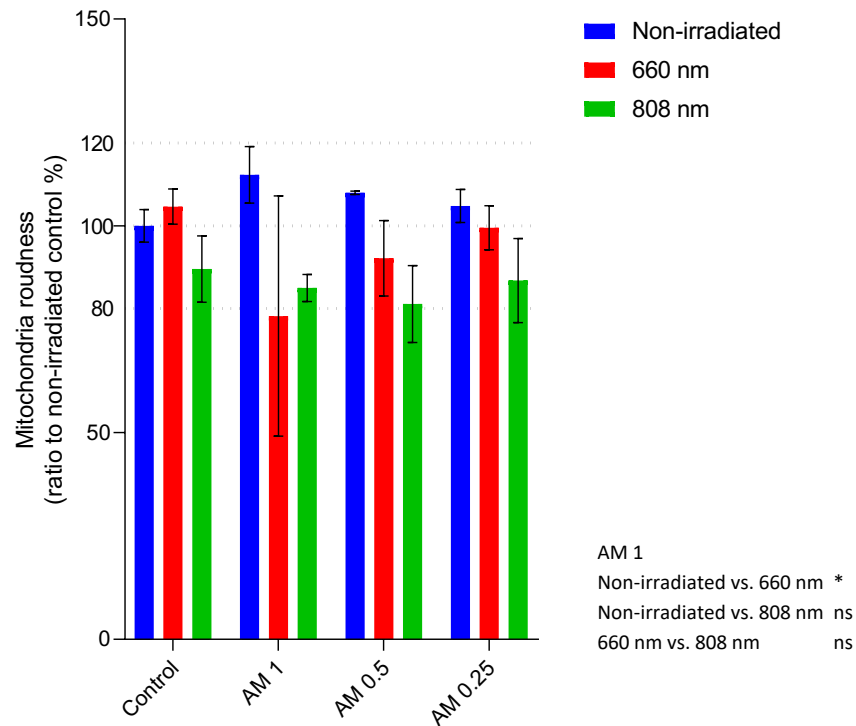


FIG. 3A
Mitochondria number of spots
H₂O₂

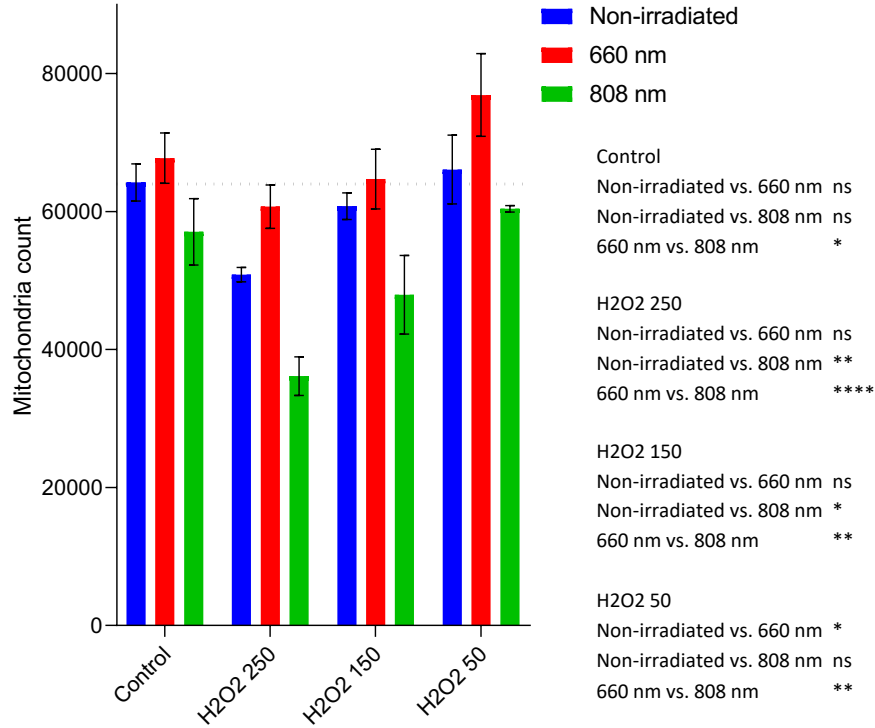


FIG. 3A
Mitochondria number of spots
Antimycin A

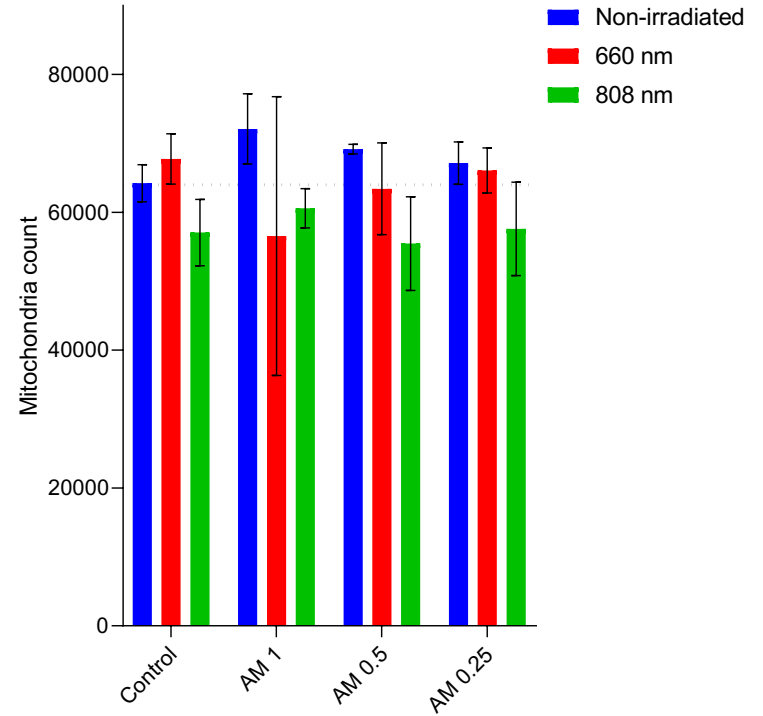


FIG. 3A
Mitochondria number of spots
 H_2O_2

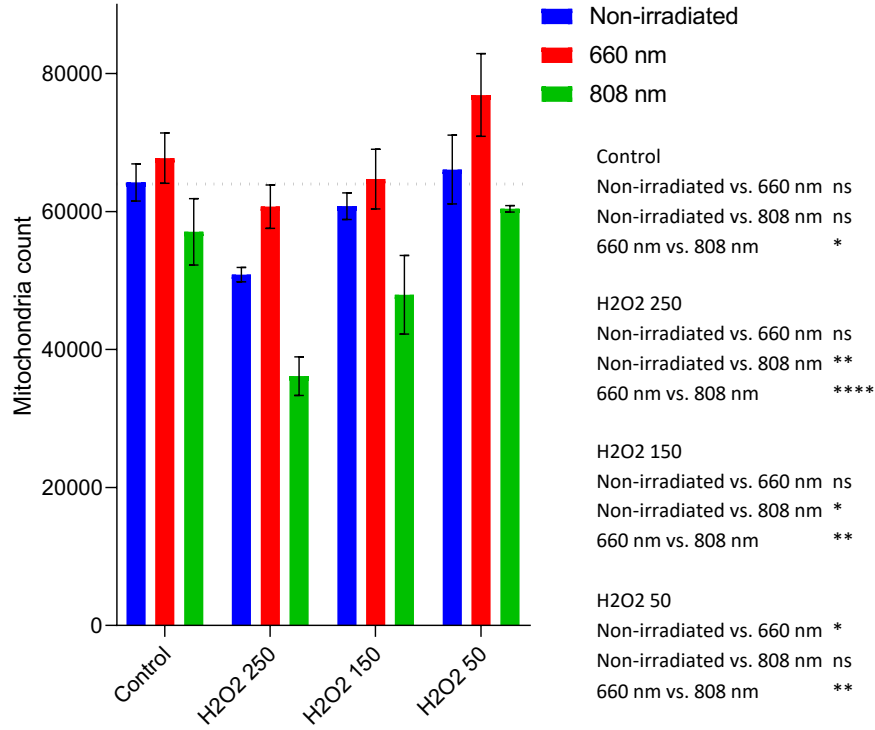
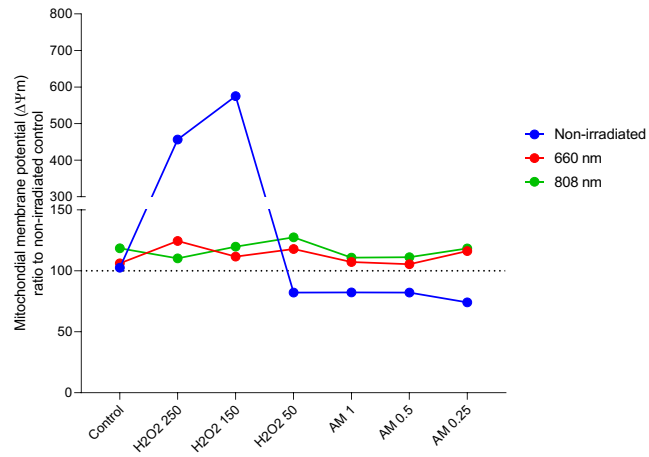
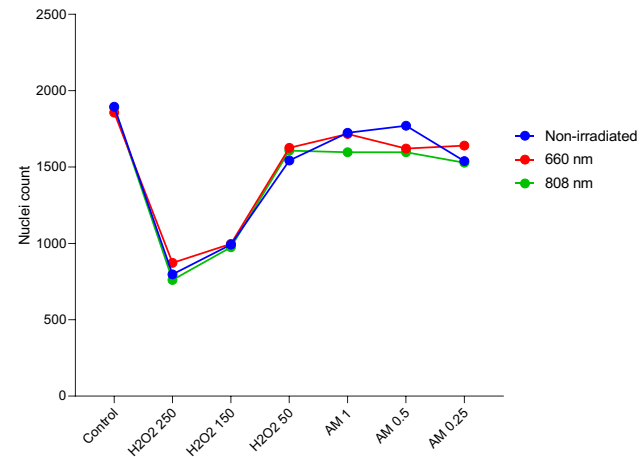
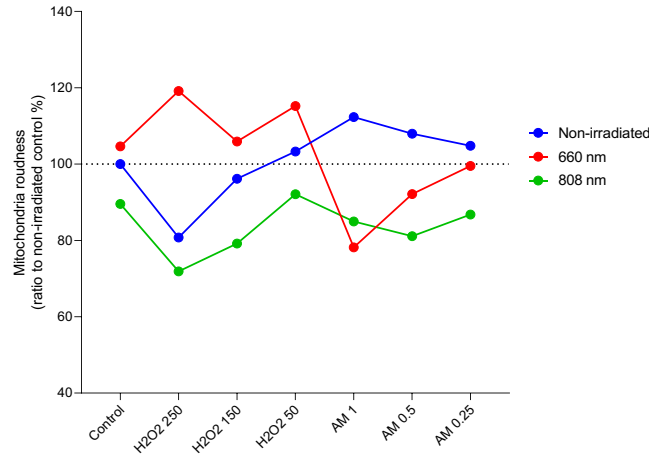


Fig.1 MMP**Fig.2 Cell number****Fig.3 Mitochondria roundness****Fig.4 Mitochondria number of spots**